

NUTRITION FACTS

Serving Size 1 piece (40 g)

Servings per container : 2.5

Calories 210

Calories from fat 140

* Percent Daily

Values are

based on

a 2,000 calorie

diet. Your Daily

Values may be

higher or lower

depending on

your calorie

needs.

Amount / serving

% DV*

Amount / serving

% DV*

Total Fat

15 g

24%

Total Carbohydrate

15 g

5%

Sat Fat

9 g

46%

Dietary Fiber

5 g

18%

Trans Fat

0 g

Sugars

15 g

Cholesterol

0 mg

0%

Protein

3 g

Sodium

10 mg

0%

Vitamin A

0%

Vitamin C

0%

Calcium

4%

Iron

8%

Calories

2,000

2,500

Total Fat

Less than

65 g

80 g

Sat Fat

Less than

20 g

25 g

Cholesterol

Less than

300 mg

300 mg

Sodium

Less than

2,400 mg

2,400 mg

Total Carbohydrate

300 g

375 g

Dietary Fiber

25 g

30 g

Calories per gram :

Fat 9 • Carbohydrate 4 • Protein 4