

NUTRITION FACTS

Servings Size 1 piece (40g)

Servings Per Container : about 2

Calories 220**Amount/serving****%DV*****Amount/serving****%DV***

Calories from Fat 140

* Percent

Daily Values are

based on a

2,000 calorie

diet.

Your daily

values may be

higher or lower

depending on

your calorie

needs.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 16 g	24%	Total Carbohydrate 15 g	5%
Sat Fat 10 g	48%	Dietary Fiber 5 g	19%
<i>Trans Fat</i> 0 g		Sugars 11 g	
Cholesterol 0 mg	1%	Protein 3 g	
Sodium 0 mg	0%		

Vitamin A	0%	Vitamin C	0%
Calcium	2%	Iron	15%
	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat. Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram :

Fat 9 • Carbohydrate 4 • Protein 4