

NUTRITION FACTS

Servings Size 1 piece (40g)

Servings Per Container : about 2

Calories 230

Calories from Fat 170

* Percent

Daily Values are

based on a

2,000 calorie

diet.

Your daily

values may be

higher or lower

depending on

your calorie

needs.

Amount/serving	%DV*	Amount/serving	%DV*
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Total Fat	19 g	30%	Total Carbohydrate	8 g	3%
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Sat Fat	12 g	59%	Dietary Fiber	6 g	23%
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<i>Trans</i> Fat	0 g		Sugars	5 g	
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Cholesterol	0 mg	0%	Protein	5 g	
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Sodium	0 mg	0%			
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Vitamin A	0%	Vitamin C	0%
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Calcium	2%	Iron	15%
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Calories	2,000	2,500
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Total Fat	Less than	65 g	80 g
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Sat Fat	Less than	20 g	25 g
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Cholesterol	Less than	300 mg	300 mg
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Sodium	Less than	2,400 mg	2,400 mg
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Total Carbohydrate		300 g	375 g
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Dietary Fiber		25 g	30 g
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Calories per gram :

Fat 9 • Carbohydrate 4 • Protein 4