

**NUTRITION FACTS**

Serving Size 17 pieces (40g)

Servings Per Container : about 6

**Calories** 230

Calories from Fat 160

\* Percent Daily

Values are based on a 2,000 calorie diet.

Your Daily Values may be higher or lower depending on your calorie needs.

Amount/serving		% DV*	Amount/serving		% DV*
<b>Total Fat</b>	18 g	<b>28%</b>	<b>Total Carbohydrate</b>	12 g	<b>4%</b>
Sat Fat	5 g	<b>27%</b>	Dietary Fiber	3 g	<b>14%</b>
Trans Fat	0 g		Sugars	13 g	
<b>Cholesterol</b>	Less than 5 mg	<b>1%</b>	<b>Protein</b>	5 g	
<b>Sodium</b>	15 mg	<b>1%</b>			
Vitamin A		0%	Vitamin C		0%
Calcium		8%	Iron		4%
		Calories	2,000		2,500
Total Fat		Less than	65 g		80 g
Sat. Fat		Less than	20 g		25 g
Cholesterol		Less than	300 mg		300 mg
Sodium		Less than	2,400 mg		2,400 mg
Total Carbohydrate			300 g		375 g
Dietary Fiber			25 g		30 g

Calories per gram :

Fat 9 . Carbohydrate 4 . Protein 4