

**NUTRITION FACTS**

Serving Size 8 pieces (40g)

Serving Per Container : about 6

**Calories 210****Amount/serving****%DV\*****Amount/serving****%DV\***

Calories from Fat 140

**Total Fat** 16 g **24%****Total Carbohydrate** 15 g **5%**

\* Percents of a

Sat Fat 10 g **49%**Dietary Fiber 5 g **19%**

Daily Value are

*Trans Fat* 0 g

Sugars 14 g

based on a

**Cholesterol** 0 mg **0%****Protein** 3 g

2,000 calories

**Sodium** 10 mg **0%**

diet.

Your daily

Vitamin A 0%

Vitamin C 0%

values may vary

Calcium 4%

Iron 6%

higher or lower

Calories 2,000 2,500

depending on

Total Fat Less than 65 g 80 g

your calories

Sat. Fat Less than 20 g 25 g

needs.

Cholesterol Less than 300 mg 300 mg

Sodium Less than 2,400 mg 2,400 mg

Total Carbohydrate 300 g 375 g

Dietary Fiber 25 g 30 g

Calories per gram :

Fat 9 • Carbohydrate 4 • Protein 4