

**NUTRITION FACTS**

Serving Size 8 pieces (40g)

Serving Per Container : about 6

**Calories** 210

Calories from Fat 140

\* Percents of a

Daily Value are

based on a

2,000 calories

diet.

Your daily

values may vary

higher or lower

depending on

your calories

needs.

**Amount/serving****%DV\*****Amount/serving****%DV\*****Total Fat** 16 g **24%**Sat Fat 10 g **49%***Trans Fat* 0 g**Cholesterol** 0 mg **0%****Sodium** 0 mg **0%****Total Carbohydrate** 14 g **5%**Dietary Fiber 6 g **22%**

Sugars 13 g

**Protein** 3 g

Vitamin A 0%

Calcium 2%

Vitamin C 0%

Iron 10%

Calories 2,000 2,500

Total Fat Less than 65 g 80 g

Sat. Fat Less than 20 g 25 g

Cholesterol Less than 300 mg 300 mg

Sodium Less than 2,400 mg 2,400 mg

Total Carbohydrate 300 g 375 g

Dietary Fiber 25 g 30 g

Calories per gram :

Fat 9 • Carbohydrate 4 • Protein 4