

NUTRITION FACTS

Serving Size 1 piece (40g)

Servings Per Container : about 6

Calories 230

Calories from Fat 140

* Percents of a

Daily Value are

based on a

2,000 calories

diet.

Your daily

values may vary

higher or lower

depending on

your calories

needs.

Amount/serving**%DV*****Amount/serving****%DV*****Total Fat** 15 g 23%

Sat Fat 9 g 47%

Trans Fat 0 g**Cholesterol** 10 mg 3%**Sodium** 20 mg 1%**Total Carbohydrate** 20 g 7%

Dietary Fiber 1 g 4%

Sugars 18 g

Protein 3 g

Vitamin A 0%

Calcium 8%

Calories 2,000 2,500

Total Fat Less than 65 g 80 g

Sat. Fat Less than 20 g 25 g

Cholesterol Less than 300 mg 300 mg

Sodium Less than 2,400 mg 2,400 mg

Total Carbohydrate 300 g 375 g

Dietary Fiber 25 g 30 g

Calories per gram :

Fat 9 • Carbohydrate 4 • Protein 4