

**NUTRITION
FACTS**

Serving Size:
4 pieces (40 g)
Servings per
container: 5
Calories 210

Calories from fat 120
*Percents of a
Daily Value are
based on a
2000 calories
diet. Your daily
values may
vary higher
or lower
depending on
your calories
needs.

Amount/serving	% DV*	Amount/serving	% DV*
Total Fat	13 g	Total Carbohydrate	21 g
Sat. Fat	6 g	Fiber	2 g
Trans Fat	0 g	Sugars	16 g
Cholesterol less than	5 mg	Protein	2 g
Sodium	5 mg		
Vitamin A	0 %	Vitamin C	0 %
Calcium	2 %	Iron	4 %
Nutriment		2000 Calories	2500 Calories
Total Fat	Less than	65 g	80 g
Sat. Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2.400 mg	2.400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

1 g Fat = 9 Calories - 1 g Carbohydrates = 4 Calories
1 g Protein = 4 Calories